

IN SCHOOL Meals
are **FREE** to all in
school students until
last school day in
June 2021

ALL MILLINOCKET SCHOOLS IN SCHOOL MENU



If your financial or family situation changes, you may APPLY FOR MEAL BENEFITS at any time at: millinocket.schoolsapp.com

On-line account TRACKING and prepayment available at www.MySchoolBucks.com or app

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|--|---|
| 4 In School Breakfast: Cereal In School Lunch: <u>Mozzarella Cheese Dippers w/sauce</u> or <u>Bagged Sunbutter & Grape Jelly Sandwich</u> . | 5 In School Breakfast: Breakfast Bar, Ch.Chip In School Lunch: <u>Stuffed Crust Pizza</u> or <u>Bagged Ham & Cheese Sandwich</u> . | 6 In School Breakfast: Muffin In School Lunch: <u>Chicken Burger</u> or <u>Bagged Turkey & Cheese Sandwich</u> | 7 In School Breakfast: <u>Yogurt & Crackers</u> In School Lunch: <u>Hot Dog</u> or <u>Bagged Sunbutter & Grape Jelly Sandwich</u> | 8 VIRTUAL 1/2 DAY Bagged breakfast & lunch available at Bus locations |
| 11 In School Breakfast: Pop Tart In School Lunch: <u>Mozzarella Cheese Dippers w/sauce</u> or <u>Bagged Sunbutter & Grape Jelly Sandwich</u> . | 12 In School Breakfast: Cereal In School Lunch: <u>Stuffed Crust Pizza</u> or <u>Bagged Ham & Cheese Sandwich</u> | 13 In School Breakfast: Muffin In School Lunch: <u>Chicken Burger</u> or <u>Bagged Turkey & Cheese Sandwich</u> | 14 In School Breakfast: <u>Yogurt & Crackers</u> In School Lunch: <u>Hot Dog</u> or <u>Bagged Sunbutter & Grape Jelly Sandwich</u> | 15 VIRTUAL 1/2 DAY Bagged breakfast & lunch available at Bus locations |
| 18 Martin Luther King, Jr. Day | 19 REPEAT OF 1/12/21 | 20 REPEAT OF 1/13/21 | 21 REPEAT OF 1/14/21 | 22 REPEAT OF 1/15/21 |
| <p>All Breakfasts include 1% lowfat White Milk\$.35 and Fruit\$.50* or</p> <p>ALL LUNCHESES INCLUDE: 1% Chocolate Milk\$.35& either 2 Vegetables\$.50* or 1 Vegetable* & 1 Fruit*</p> | | | | |
| 25 REPEAT OF 1/4/21 | 26 REPEAT OF 1/5/21 | 27 REPEAT OF 1/13/21 | 28 REPEAT OF 1/14/21 | 29 REPEAT OF 1/15/21 |

*Fruit may include any of the following: Apple, Grapes, Orange, Pear, Raisins, or Craisins *Vegetables will be either Fresh Carrots, Broccoli, or Celery. Ranch dressing, Mayonnaise, Mustard, & Ketchup packages will be offered when needed.

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

Lunch Menus & Complete Nutrition analysis may be found on our school's website: www.millinocketschools.org