

### **Physical Examinations of Students Participating in Athletics**

Students between the sixth grade and high school graduation who wish to participate in athletics are required to have physical examinations and medical approval at least every other year. A complete exam is required prior to the athletes entry into a competitive sports program.

The history portion of the **Pre-Participation Physical Exam (PPPE, form A)** shall be completed by the athlete, and signed by the parents/guardian. The physician shall complete and sign the physical examination and clearance documents indicating the student has been examined, is cleared to participate with or without restrictions (define the former).

In the off year, a brief health history form (B) shall be completed, signed by the parent, and submitted to the athletic director for review prior to participation. Forms containing any “yes” responses, shall be submitted to the school nurse for review and possible consultation with a physician. A determination will be made concerning the need for another complete physical exam prior to participation.

Reference:

MPA Interscholastic Management Committee 4/05

1<sup>st</sup> Reading: 11-08-05

2<sup>nd</sup> Reading and Adoption: 12-06-05

See forms A,B, & C