

MILLINOCKET SCHOOL NUTRITION

199 State St. Millinocket, ME 04462

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Dear Families,

You may already know, but we wanted to send out a reminder that MILLINOCKET SCHOOL NUTRITION has been approved to offer » **FREE MEALS TO ALL KIDS (AGE 18 & YOUNGER)** «

Who can get free meals?

Any child, whether they are enrolled in school or not, doing in-person learning at school or virtual/remote learning at home, can get meals at no cost to their family! This includes younger children, in Millinocket, who are not in school yet, children enrolled in other districts, and children who are homeschooled.

Where are the free meals available?

Students in Granite Street School or Stearns Jr/Sr High School may get breakfast & lunch in school on in-school days and all children may get meals every school day (including snow days and all virtual days) at the two bus locations: Bandstand on Penobscot Ave. and Sawmill Restaurant on outer Bates St. (Millinocket Lake Rd.) between 8:30 & 9:30 a.m. Meals may be picked up by the children or their parent/guardian. One breakfast and one lunch is available to each child every school day.

Information may be found on our website: millinocketschools.org

What is being served?

Each breakfast bag includes either a whole grain pop tart, whole grain cereal, whole grain muffin, or yogurt with whole grain flavored crackers, fresh fruit or 100% fruit juice and 1% white milk. Lunch bags include a Sun butter & Grape Jelly Sandwich, Ham & Cheese Sandwich, Turkey Sandwich, or cold Stuffed Crust Pizza (all of which are whole grain), fresh fruit, fresh vegetable, and 1% chocolate milk.

Why have things kept changing?

Our program has to follow certain rules set at the national level by the United States Department of Agriculture (USDA). We have made changes based on what is allowed by the USDA. The meals are not free to our district, but we do get reimbursement from the USDA for each meal we provide to a child.

How can I learn more?

If you have questions, please contact the MILLINOCKET SCHOOL NUTRITION District Manager,

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